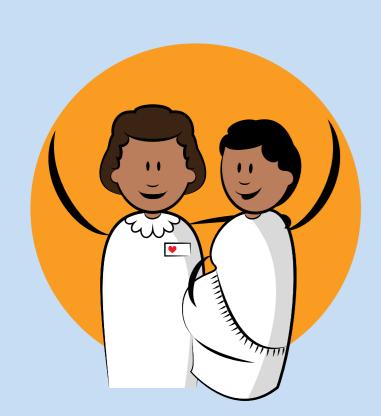
Essential Competencies

for Midwifery Practice

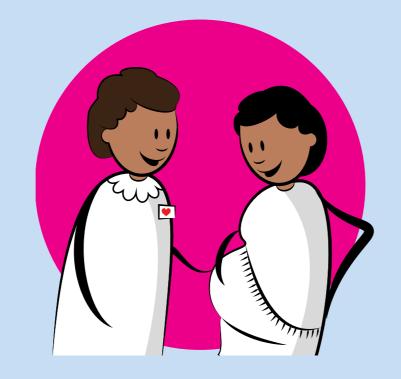
2018 UPDATE

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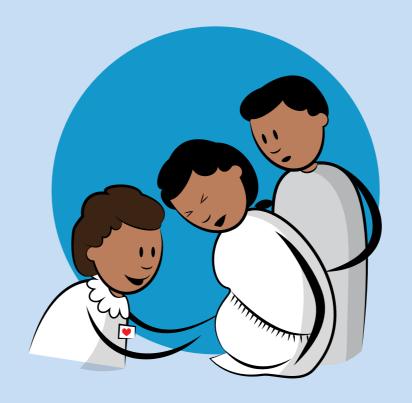
1. GENERAL COMPETENCIES

- **1.a** Assume responsibility for own decisions and actions as an autonomous practitioner
- **1.b** Assume responsibility for self-care and self-development as a midwife
- **1.c** Appropriately delegate aspects of care and provide supervision
- **1.d** Use research to inform practice
- **1.e** Uphold fundamental human rights of individuals when providing midwifery care
- **1.f** Adhere to jurisdictional laws, regulatory requirements, and codes of conduct for midwifery practice
- **1.g** Facilitate women to make individual choices about care
- 1.h Demonstrate effective interpersonal communication with women and families, health care teams, and community groups
- **1.i** Facilitate normal birth processes in institutional and community settings, including women's homes
- **1.j** Assess the health status, screen for health risks, and promote general health and well-being of women and infants
- **1.k** Prevent and treat common health problems related to reproduction and early life
- **1.I** Recognize conditions outside midwifery scope of practice and refer appropriately.
- **1.m** Care for women who experience physical and sexual violence and abuse



2. PRE-PREGNANCY AND ANTENATAL

- **2.a** Provide pre-pregnancy care
- **2.b** Determine health status of woman
- 2.c Assess fetal well-being
- **2.d** Monitor the progression of pregnancy
- **2.e** Promote and support health behaviours that improve well being
- **2.f** Provide anticipatory guidance related to pregnancy, birth, breastfeeding, parenthood, and change in the family
- **2.g** Detect, manage, and refer women with complicated pregnancies
- **2.h** Assist the woman and her family to plan for an appropriate place of birth
- **2.i** Provide care to women with unintended or mistimed pregnancy



3. CARE DURING LABOUR AND BIRTH

- **3.a** Promote physiologic labour and birth
- **3.b** Manage a safe spontaneous vaginal birth and prevent complications
- **3.c** Provide care of the newborn immediately after birth



4. ONGOING CARE OF WOMEN AND NEWBORNS

- **4.a** Provide postnatal care for the healthy woman
- **4.b** Provide care to healthy newborn infant
- **4.c** Promote and support breastfeeding
- **4.d** Detect and treat or refer postnatal complications in woman
- **4.e** Detect and manage health problems in newborn infant
- **4.f** Provide family planning services



Find the complete document at www.internationalmidwives.org